Inorganic Chemistry of Life Chemistry 2211a

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3) Biology and Biochemistry important for bioinorganic chemistry

Amino acids pKa, pH, pI – amino acids Protein structure Nucleic acids – DNA and special structures Making proteins Cells Membranes

(Check with "Late Breaking News" on URL instruct.uwo.ca/chemistry/2211a for changes.) Recommended text Books

Principles of Bioinorganic chemistry by Lippard & Berg. TAYSTK QU 130.L765 1994 (On heavy demand (2-hour loan) at the Taylor Library and in the book store.)

Bioinorganic chemistry: a short course by Roat-Malone. QU130.R628b (On heavy demand (2-hour loan) at the Taylor Library and in the book store.)

Bioinorganic chemistry: inorganic elements in the chemistry of life: an introduction and guide by Kaim and Schwederski. (On heavy demand (2-hour loan) at the Taylor Library.)

The biological chemistry of the elements: the inorganic chemistry of life by da Silva and Williams. QU4.S586b 2001 (On heavy demand (1-day loan) at the Taylor Library.)

There are many biochemistry books in the library that you could consult for background.

2211a-3-2016-BIO-L15-r16-f10.doc r16-f10

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To start then

<u>Summary</u>: This section provides the background necessary to understand how biological chemistry allows us to interpret the interaction of metals with the different molecules found in biological systems.

1) The polymerisation of amino acids into proteins – really at first just peptide chains – the formation of the 3D structures, in some cases requiring a metal (- see Zn in zinc finger proteins) or needing metal cofactors to function (Zn, Mg, heme, FeS clusters), activates the protein. Structure controls function. (See L&B p 51 for an example)

2) The formation of ribonucleic acids (RNA) and deoxyribonucleic acids (DNA) from nucleotides - polymerization is the basis of life.

- 1. While for many decades the helical DNA was thought to be essentially inert with just the genetic code as its role,
- 2. it is now known that DNA takes part in many reactions
- 3. and that many different enzymes interact specifically with the coiled DNA
- 4. making use of the minor and major groove differences (see the Intro unit and the Zn unit and L&B p 183 for an example of a Zn-finger protein binding to DNA, the barrels of α helix lie in the grooves of the double helix)
- 5. electrical conductivity along the length of the double helix has been suggested as a means of biological messaging
- 6. indeed, the double helix does conduct electricity under certain circumstances!

L-B	R-M	K-S	Problems to do
Ch 3 – p	Ch 2 p 24-48;		If blank – see later
43-74	57-65		

1. Amino acids

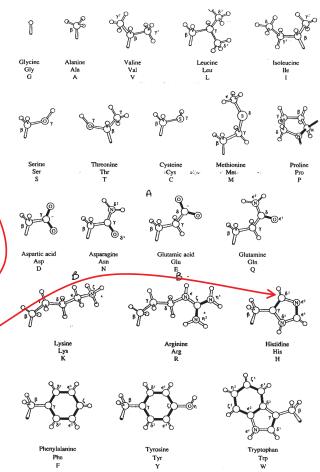
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- 1. 20 natural amino acids (predominate)
- 10 must be part of the diet Arg, <u>His</u>, Ile, Leu, Lys, Met, Phe, Thr, Trp, Val
- 3. in proteins all are L-stereoisomers
- 4. but other amino acids (eg L-homoserine; L-selenocysteine) and D-isomers are found in other compounds, eg cell walls, even as neurotransmitters in the brain - sugars are all D in DNA and RNA - so why L-isomers only? Not known.
- at pH 7 exist as the zwitter ion, ie -COO⁻ and -NH₃⁺
- 6. the terminology for naming involves the carbon on main chain it is alpha connecting to the first atom attached to this carbon being beta atom. Then gamma, delta, ε ,

Alanine

 with rings, the naming takes place on both sides - so we find δ1 and δ2 in His, etc. - we see a bit more detail on the next slide

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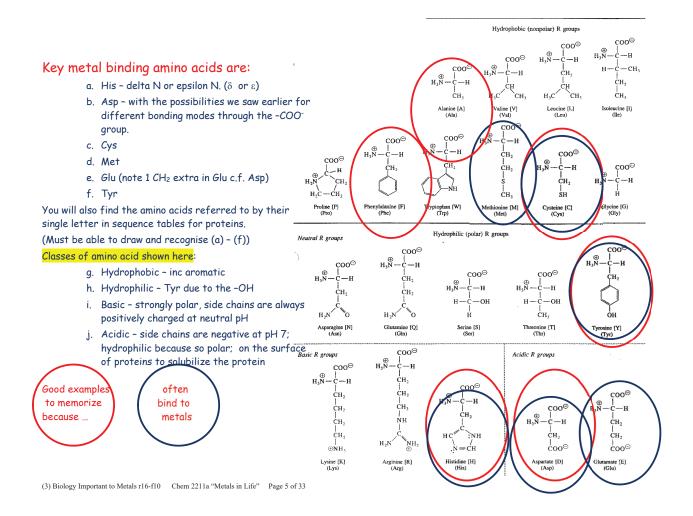
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1. Amino acids

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 5. at pH 7 exist as the zwitter ion, ie -COO⁻ and -NH₃*
- the terminology for naming involves the carbon on main chain - it is alpha connecting to the first atom attached to this carbon being the beta atom. Then gamma, delta, ε, etc.
- 7. with rings, the naming takes place on both sides so we find $\delta 1$ and $\delta 2$ in His, etc.

Histidine His H

δ2



Essential	Nonessential
Isoleucine	Alanine
Leucine	Arginine*
Lysine	Aspartate
Methionine	Cysteine*
Phenylalanine	Glutamate
Threonine	Glutamine*
Tryptophan	Glycine*
Valine	Proline*
Histidine	Serine
Asparagine* - in disease	Tyrosine*
Selenocysteine** May be required in the diet	

What to know from this section..

- 20 amino acids many combinations possible in a peptide chain

 → a protein if >20 'residues', polypeptide if smaller that's how
 function is built up don't need to memorize all 20 need to
 know "20"
- 2. 10 in diet don't need to memorize all 10 but need to know "10"
- 3. Structure of the basic amino acid see glycine draw it
- 4. Structure of amino acids with side-chains and rings label the carbons
- 5. Be able to draw and recognise Gly Ala Cys Met– Asp Glu – His – Tyr
- 6. What makes an amino acid basic?
- 7. What makes an amino acid acidic?
- 8. Recognise hydrophobic amino acids aromatic
- 9. Recognise hydrophilic amino acids all have -OH group
- 10. Most important be able to describe the key metal-binding
- side chains that is the key metal-binding AAs
- 11. Be able to draw, list recognise the key metal-binding amino acids
- Associate the class of amino acid with the metal-binding set in (6)

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Formation of proteins

- First, the peptide chain, forms through elimination of water in a condensation reaction between the COO⁻ and -NH₃⁺ groups.
- The peptide bond has the special property of being planar due to overlap of the CO and NH bonds through space, this reduces the reactivity of the CO and -NH- groups and maintains a rigid localized structure.
- 3. The primary structure refers to the assembly of amino acids into the sequence that defines the protein.
- The N-terminal is the beginning of the chain; the amino acid is #1. It is the first synthesized (see next slide).
- The secondary structure refers to the local conformation extending over a few amino acids often determined by hydrogen bonding between electropositive hydrogens and electronegative O, N, F, Cl.

Special structures form:

helix coiling

- $\boldsymbol{\beta}$ pleated sheets both parallel and antiparallel
- 6. The tertiary structure defines how these locally organized regions fold together
- 7. The quaternary structure defines how different polypeptide chains assemble into a single more massive unit.

L-B	R-M	K-8	5	Problems to do	
44-47	28-29				
48 for 2 ⁰	30 for 2 ⁰				
		Partial double bondC=O-NH- to -CO=NH-			
		this leads to rigid groupings between amino acids Phi and Theta can change to allow 3D structures			
(3) Biology Important to Metals r16-f1		to form – as long as the side chains don't confide:		mue:	

Alanine Glycin C-tem N-terminus 0 Peptide Plane of amide group Wate Glycylalanine R Н Planar grouping ۱I connected by "swivelling" α carbon

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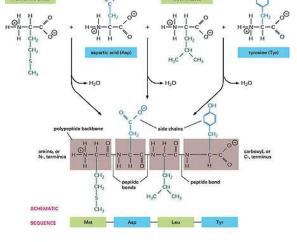
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Example of peptide chain – study point – write this sequence out in the correct order using single letter codes.

Which of the amino acids here could bind to a metal?

Give an example of a protein with each of these metal-binding amino acids used to bind a metal:

Write out a modified sequence as 3-letter codes and by drawing the molecules so that Zn²⁺ would be the likely metal in a solely structural role.



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Protein Sequences - (7) primary structure - bioinformatics -

http://en.wikipedia.org/wiki/Sequence_alignment_software

-examining the primary stucture for clues to

(i) metal binding (how?)

- (ii) structure regions with known structural proerties we can recognises AAs for turns, sheets, helix
- (iii) evolutionary changes point mutations single amino acid switches

(iv) key programmes - BLAST "http://blast.ncbi.nlm.nih.gov/Blast.cgi"

"The Basic Local Alignment Search Tool (BLAST) finds regions of local similarity between sequences. The program compares nucleotide or protein sequences to sequence databases and calculates the statistical significance of matches. BLAST can be used to infer functional and evolutionary relationships between sequences as well as help identify members of gene families."

 (v) conserved regions - that is regions of the sequence in proteins from different organs or different species, can provide information on specific metal binding, structural or functional significance.
 Example from above url - <u>2</u> Zn-finger proteins -

AAB24882	TYHMCQFHCRYVNNHSGEKLYECNERSKAFSCPSHLQCHKRRQIGEKTHEHNQCGKAFPT 60
AAB24881	YECNQCGKAFAQHSSLKCHYRTHIGEKPYECNQCGKAFSK 40
	**** *** * * ** * *****************

A sequence alignment, produced by ClustalW, of two human zinc finger proteins, identified on the left by GenBank accession number. Key: Single letters: amino acids (see 3 slides up for decoding -D, E, M, Y, and most important **H & C**).. Red: small, hydrophobic, aromatic, not Y. Blue: acidic. Magenta: basic. Green: hydroxyl, amine, amide, basic. Gray: others. "*": identical. ":": conserved substitutions (same colour group). ".": semi-conserved substitution (similar shapes). An excellent page is here: <u>http://en.wikipedia.org/wiki/Amino_acid</u>- **STUDY: list all metal-binding AAS**

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Protein Sequences - (8) secondary structure

Stabilization energies in biological systems - this is what holds everything together in solutions...(myoglobin - 8 helical 2° segments and 3° structure)

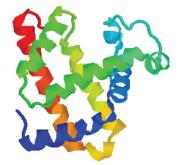
Weak -purely ionic interactions +..- between oppositely charged atoms Weak - dipole interactions here the dipole moments from the C=0 and N-H Hydrogen bonds - much stronger because so many

Van der Waals or dispersion forces – atoms close to each other cause polarization of the electrons – but only over short distances – too close and repulsion

Hydrophobic interactions - bundling the peptide chain to keep water away but maximize the H-bonding on the outside in the hydrophilic region

(i)	Chemical bonds	С-Н	105	kcal.mol ⁻¹
(ii)		C=C	172	
(iii)	Ionic hydration	Nat -	93	Ca ²⁺ - 373
(iv)	Hydrogen bonds	0H -	5	(in vacuum)
(v)	Protein folding	~ 2-10	(in so	olution)

- (vi) The secondary structure refers to the local organization of conformations extending over a few amino acids often determined by hydrogen bonding between electropositive hydrogens and electronegative O, N, F, Cl. (Always H in one bond and e-neg atom in another.)
- (vii) Special structures form: helix coiling pleated sheets both parallel and antiparallel



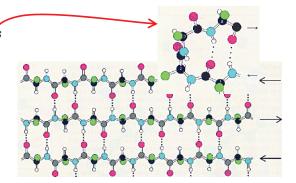
Because the amino acid sequence (1° structure) is determined by the 'random' selection from 20 amino acids to form chains of any length - there are many permutations - so no duplication of sequences ... except...

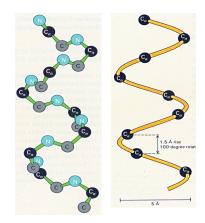
We want structures (2[°] structure):

- so helical structures (right-handed α helix is most common - left-hand has been reported) are set up by certain amino acid groupings

- β pleated sheets are triggered by a β turn

- arrows N \rightarrow C ie from N terminus to the C terminus All held together by hydrogen bonds between the peptide bond - so the side chains are not essential - need to be small so as not to disrupt the strands too much.





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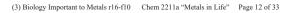
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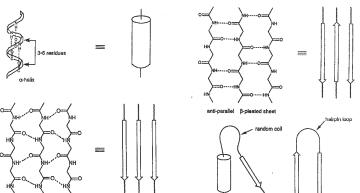
Examples of β pleated sheets – parallel and antiparallel.

- 1. Vitally important in 'materials' in biology.
- 2. Eg silk silk worms spin the protein fibroin which contains massive regions of antiparallel β pleated sheets.
- 3. On the other hand collagen the bone matrix for the mineral formation, tendons - collagen holds everything together.
- Formed by the triple helix of the tropocollagen protein 300 nm strands of tropocollagen then align side by side staggered by about 64 nm to form the large structures that exhibit flexibility. The molecules are crosslinked for additional strength and stability. Collagen formation requires vit C (ascorbic acid), lack of this results in break down of tendons gums bleed, teeth fall out, skin breaks up, blood vessels weaken, death ensues = scurvy** hence 'Limies'. The use of mustard and water cress***

** Scurvy is caused by lack of vitamin C or ascorbic acid. As rich sources of vitamin C, lemon and lime are regarded as foods or exceptional therapeutic value in scurvy. In 1536, the French explorer Jacques Cartier, exploring the St. Lawrence River, used the local natives' knowledge to save his men who were dying of scurvy. He boiled the needles of the Eastern White Cedar to make a tea that was later shown to contain 50 mg of vitamin C per 100 grams. James Lind (1716–1794) first proved scurvy could be treated with citrus fruit in experiments he described in his 1753 book, A Treatise of the Scurvy. (From Wikipedia)

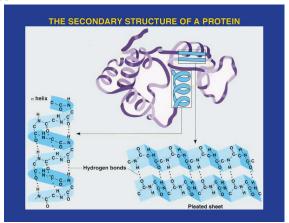
*** http://www.nutrition-and-you.com/watercress.html





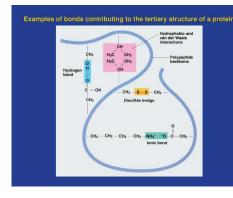
parallel β-pleated shee

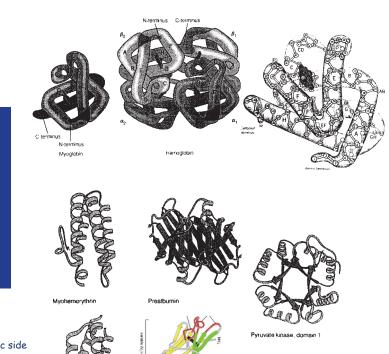
Figure 1.19 Examples of secondary structure and the schematic notation used to represent each structural form. Regions of the peptide backbone that connect α-helices or β-sheets are often called *random coil*. The short sequence linking antiparallel β-sheets is termed a *hairpin*



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Some examples of structures - identify which structure applies to which protein.





ote - 4 types of bio-interaction - plus 1 (=5) i) hydrogen bonding,

ii) hydrophobic interactions between hydrophobic side chains (always very organic, not ionic - induced dipoles);

iii) ionic bonds - or electrostatic bonds;

iv) disulfide bridges - the strongest because these are the only true covalent bond that 'cross-links' the protein;

and (v) bonds to metals

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Tobacco mosaic coat proteir (a) Predominantly a helix

(b) Predominantly B sheet



Hexokinase, domain 2 (c) Mixed a helix and B sheet

Structure is so important for recognition here are some extra views of immunoglobins: Immunological function is based on structural recognition

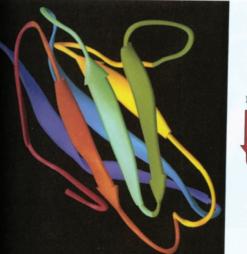




Twisted β sheet



Typical connections in an all- β motif



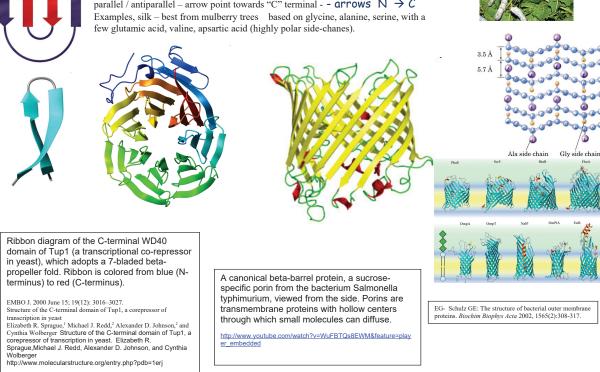
Right-handed connection between β strands

Secondary Structures - examples of β -pleated sheets

Need a hairpin - very tight turn - use a proline



parallel / antiparallel – arrow point towards "C" terminal - - arrows $N \rightarrow C$



All structure can be lost - called denaturation.

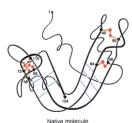
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We can identify the change in structure from a 'melting curve' if we have a technique that we can use to measure the structural change as a function of an applied 'insult'. Heating a solution is often sufficient. Urea, mercaptoethanol (stinky) or guanidinium chloride are reversible denaturants - increase the concentration of these agents in solution and the protein denatures decrease the concentration and thr native form returns.

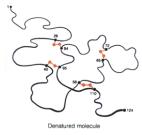
If the cys-S-S-cys bonds are broken, then this results in irreversible denaturation - sometimes the tangle can reform its original structure reversible denaturation.

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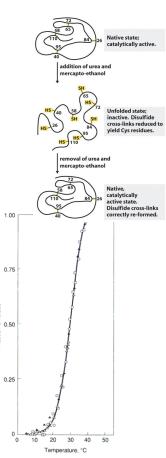








(a)



3127 3095 See more detail including information about the tRNA, mRNA and DNA role on slide 24

How do peptide chains form in vivo?

- 1. ΔG = about +10kJ/mol for formation that is the break up of the peptide bond is favoured, hydrolysis.
- This is the thermodynamic view, the kinetic view shows this to be a very slow reaction.
- So, we will all break up in time. Faster in boiling HCl or with proteolytic enzymes present. (In our digestive tracts for example, trypsin, chymotrypsin, thrombin, carboxypeptidase A, and others – think of pineapple, mmmm – dissolved lips from the bromelain).
- 4. Luckily, enzymes glue the amino acids back together, but how in the first place does the peptide chain form?
- 5. Triplets of nucleotides (called codons) that span the DNA sequence, code mRNA, which is then the template as shown. This way the 4 nucleotides can code for 64 different combinations of amnio acid (4³), but only 20 are used, so that leaves redundancy.
- 6. AUG is the start signal the N- terminus aa = N-formylmethionine
- 7. UAA, UAG, UGA code the stop, for the C-terminus aa.
- 8. The 3-letter code on DNA is transferred to mRNA. There are 3 steps in the ribosome initiation, elongation, release.
- 9. In the ribosome (this massive molecule comprises several subunits and involves a large number of protein 'cofactors') tRNA with a specific aa on one end and the anticodon complementary code on the other are brought up to the mRNA. The ribosome moves along the mRNA strand as shown. The peptide bond forms, the old tRNA drops off and the process is repeated. The energy source of ATP -> $ADP + P_i \rightarrow AMP + P_i$

 See L&B p 50-55 (rather more extensive than here but interesting about cloning.)

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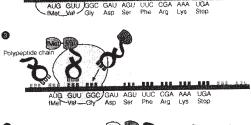
Transport to cytoplasm Protein Ribosome U.S. National Library of Medical Ribosome D.S. National Library of Medical Ribosome Ribos

DNA

mRNA

tion

Cytopla





AUG GIJU GGC GAU AGU UUC CGA AAA UGA/ fMet Va! Gly Asp Ser Phe Arg Lys-Stop

(3)

Classes of proteins – proteins with specific structures

All alpha helix - myoglobin - tropomysoin many membrane bound proteins -All beta-pleated sheet - prealbumin, concanavalin A

Mixed alpha -beta regions -

<u>Membrane proteins</u> - transporters

Irregular or Others - proteins without a specific structure - metallothionein.

Classes of proteins - - proteins that carry out specific functions

Structural - fibrous collagen - keratin

Motor proteins – actin – – myosin – muscle contraction

Transport – oxygen in hemoglobin

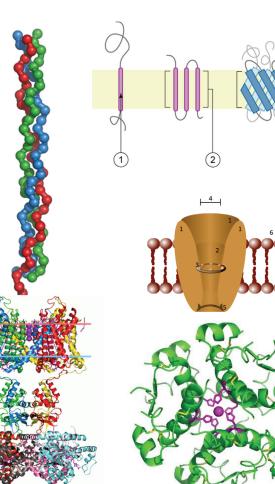
Storage - iron in ferritin, metallothionein Membrane - <u>ion channels</u> - add permeability to a membrane for small molecules

Signalling proteins <u>- insulin</u> - in the

quaternary hexameric structure the metal is??

Crystal structure of Potassium channel KvAP. Calculated hydrocarbon boundaries of the lipid bilayerare indicated by red and blue dots

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Metallproteins & Metalloenzymes

Common metals: Fe^{2+} , Fe^{3+} , Cu^{1+} , Cu^{2+} , Zn^{2+} , Mg^{2+} , Mn^{2+**} , Co^{3+} , Mo^{5+**}

Iron-containing proteins -

Hemoglobin and mitochondrial electron transport - to carry O₂.

<u>Cytochromes - Heme proteins</u>- one electron transfer agents. Fe2+ - Fe3+

<u>Iron-sulfur proteins</u> - One electron transfer agents. Fe2+ - Fe3+

<u>Copper-containing proteins</u> – One electron transfer agents. Hemocyanin***

<u>Zinc-containing proteins</u> – e.g. carbonic anhydrase – Hydration of CO_2 . Three His residues coordinate Zn^{2*} .

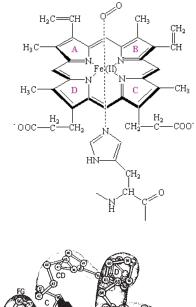
<u>Manganese-containing proteins</u> - e.g. arginase <u>Molybdenum-containing proteins</u> - nitrate reductase

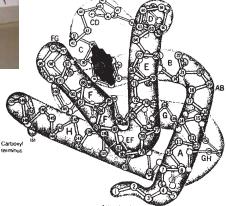
**for completeness- -not on tests L&B p 286 for a different image Fe-PPIX is the heme in this heme protein

***blue-pigmented oxygen carriers, in arthropods and molluscs.

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Cofactors

To remind ourselves of some of these important molecules

Porphyrins – many slightly different ones are found in proteins:

Protoporphyrin IX in myoglobin and hemoglobin (as well as a number of other enzymes, HRP, catalase) is called heme b.

Vitamin (cofactor) B group*:

Corrin in Vit B12 -uses R = CN⁻ on the Co³⁺ - see below for other R groups*. Methylcobalamin is a cofactor in methionine synthase (MTR) - the enzyme that connects both methionine synthesis and folic acid synthesis. (Lack \rightarrow spina bifida - disease involving myelin coating of nerves)

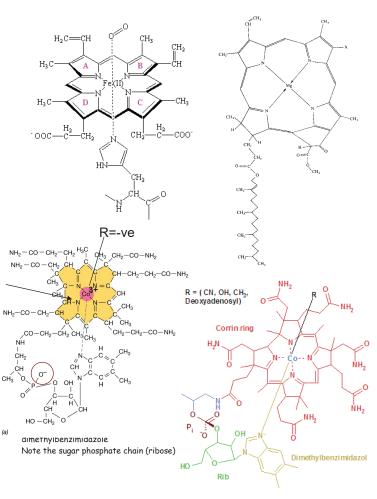
Chlorin \rightarrow chlorophyll – not really an enzyme – the chlorophyll acts as a photon trap – ejecting an electron.

*cobalt-containing compounds known as corrinoids. The principal cobalamins are cyanocobalamin, hydroxocobalamin and the two coenzyme forms of vitamin B12, methylcobalamin and 5deoxyadenosylcobalamin (adenosylcobalamin). 1150

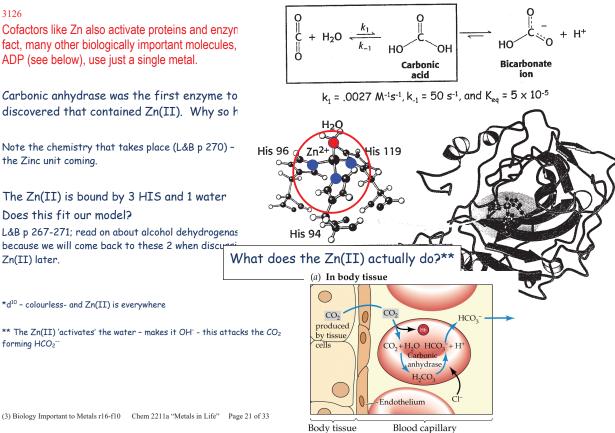
Four of the six coordination sites of the Co(III) are provided by the corrin ring, and a fifth by a dimethylbenzimidazole group. The sixth coordination site, the center of reactivity, is variable, in tablet for it is -CN, in vivo, a hydroxyl group (-OH), a methyl group (-CH₃) or a 5'-deoxyadenosyl group - see the B12 unit (4) comina.

Ref for pictures: http://en.wikipedia.org/wiki/B12

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Carbonic Anhydrase



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The source of energy is the breaking of the O-P-O bond

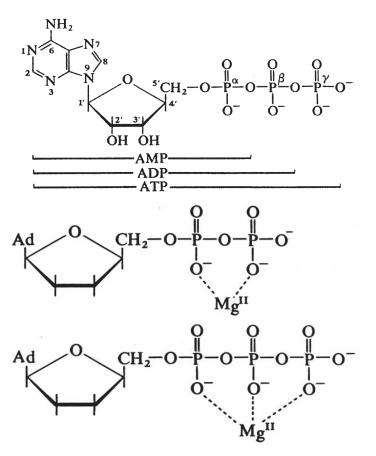
The net energy released upon ATP hydrolysis to ADP + Pi?

 $[ATP]^{4-} + H_2O \rightarrow [ADP]^{3-} + HPO_4^{2-} + H^+$ or: $MgATP^{2-} + H_2O \rightarrow MgADP^- + P_i + H^+$

-7.3 kcal/mol (1M conc) or -30.5 kJ/mol (-12.9 kcal/mol (at 1 mM conc.))

(to convert cal to J, multiply by 4.18)

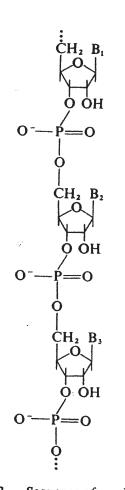
(Ad = adenine group attached to the ribose sugar) 3075b



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Formation of the polymeric nucleotide chain

A sugar phosphate chain with the nucleotide bases always in the same position.

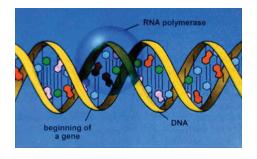


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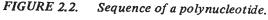
But what was the structure?

The chain was known, the fact that the nucleotides existed in exactly the same ratios was known but what did this mean?



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n on these



MOLECULAR STRUCTURE OF NUCLEIC ACIDS

A Structure for Deoxyribose Nucleic Acid We wish to suggest a structure for the salt of deexyribose nucleic soid (D.N.A.). This structure has novel features which are of considerable

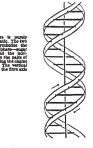
terest. re for nucleic acid has already b Pauling and Corey⁴. They kindly m oript available to us in advance Their model consists of three in us, with the phosphates near the fi b bases on the outside. In our opini i by Pa fibre ide. In ou rams is the nois the scrutture together, especially ely charged phosphates near the as ach other. (2) Some of the van der es appear to be too small. her three-chain structure has also be by Fraser (in the press). In his mo atce are on the outside and the bases

gets. orticod ... shall not o...) put forward. the sakt of deoxy... or has two holical chs... ro has two holical chs... 'vical securptions... nanody... 'vical securptions... 'thought of the sain... fibre sain... 'the owing in-defined, and for omment on it. ard a radically different deoxyribose nucleic acid slical chains n). We ha ribofurnance residues with 3.5 d hains (but not their bases) are ra-neuticular to the fibre sais. B th-handed heises, but owing to cases of the atoms in the two oh interctions. Each chash loosely model No. 1; that is, the be of the heits and the phosphas The configuration of the sugg rt is is close to Furberg's teat ; the sugar baing roughly perpe-ol base. There is a residue on the sugar being roughly pe ed base. There is a residue A. in the s-direction. We ha t is, aft on the to the

is an open one, and its water At lower water contents we to tilt so that the structure re compact. I feature of the structure is the

two chai 8 81 held toge the dine bases. The planes of th to the fibre axis. They are a single base from one chai Ases ioined bein l pyrimi othe ngle base side by si the that the two lie slide by side with ates. One of the pair must be a py a pyrimidine for bonding to oco bonds are made as follows : purine midine position 1 ; purine posit a position 6. and

dime position 6. is assumed that the bases only occur in the are in the most plausible tautomoric forms is, with the ketor stakler than the ornol con-iona) it is found that only specific pairs of or an hout together. These pairs are : admine and the thymine (pyrimidine), and guanine e) with thymine (pyrimidine). there words, if an admine forms one member of on sither obsin, then on these assurptions



The and cytosine. The se hain does not appear to cowever, if only specific it follows that if the in is given, then the s

is acid, cossible to build this in place of the deoxy oxyger

ublished X-ray of T c acid are insufficient for a ure. So far as we can tell, with the experimental data is of the i our struct

the gen esible copying r Full details of assumed in build dinates for the will

much indebted to Dr. Jerry Donol advice and criticism, especially on tances. We have also been stimula we wave and criticism, especially on inter-c distances. We have also been stimulated by wiedge of the general nature of the unpublished mostal results and ideas of Dr. M. H. F. a, Dr. R. E. Franklin and their co-workers at t College, London. One of u_i (J. D. W.) has been by a followship from the National Foundation familio Paralwa

J. D. WATEON F. H. C. CRICK

esearch Council Unit for the Molecular Structure the of

April 2.

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The critically important discovery was that that the special pairs formed and only these pairs

TA and GC L&B 56-64 R-M 39-45

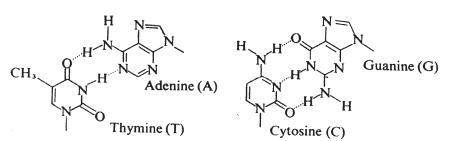
Approximate energy of a hydrogen bond? 2 - 10 kcal/mol depending on the local environment: 2-3 kcal/mol (8-12 kJ/mol) in water

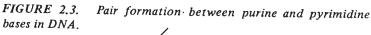
But! 6-7 kcal/mol (29 kJ/mol) in membranes

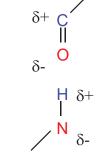
Compare this with the energy of a covalent bond?

50 - 90 kcal/mole (250-400 kJ/mol)

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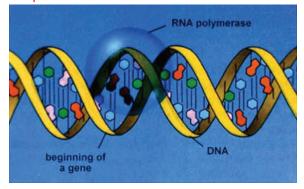






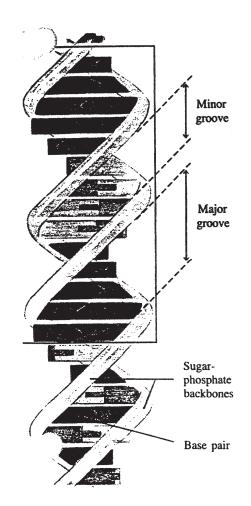
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The double helix then forms with the chains running antiparallel



3.6 nucleotides per turn.

5.4 Å rise in one turn of a helix.
And the energy net energy released upon ATP hydrolysis to ADP + Pi?
-7.3 kcal/mol (1M conc) or 30.5 kJ/mol (-12.9 kcal/mol (1 mM conc.))
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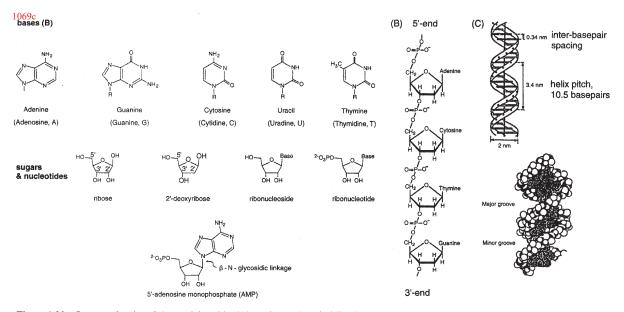
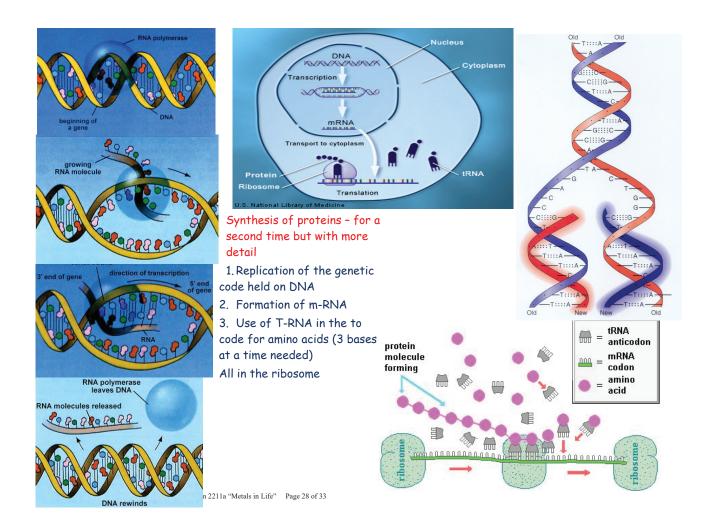


Figure 1.20 Structural units of the nucleic acids. (A) Purine and pyrimidine bases, ribose sugar, and nucleotides. The names in parentheses below the bases are the names of the corresponding nucleosides or nucleotides (i.e., base + ribose-phosphate). The 2', 3', and 5' carbons on ribose are indicated. (B) Base attached to the deoxyribose-phosphate backbone. A single strand of DNA. Double-stranded DNA is formed by specific hydrogen bond patterns formed between complementary base pairs (see Figure 1.21). (C) Structural features of B-DNA. The vertical rise of 3.4 nm for a complete 360° turn is accommodated within 10.5 base units. (Adapted from R. L. P. Adams, J., T. Knowler, and D. P. Leader, *The Biochemistry of the Nucleic Acids*, Chapman and Hall, 1986).

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Need to memorize differences – be able to recognise each of these 3.

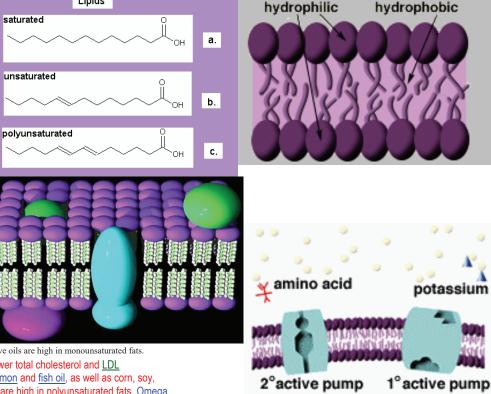
Saturated fats raise total blood cholesterol as well as LDL cholesterol (the bad cholesterol). Saturated fats are mainly found in animal products such as meat, dairy, eggs and seafood. Some plant foods are also high in saturated fats such as coconut oil, palm oil and palm kernel oil.

Monounsaturated fats lower total cholesterol and LDL cholesterol (the bad cholesterol) and increase the HDL cholesterol (the good

cholesterol). Nut, canola and olive oils are high in monounsaturated fats. Polyunsaturated fats also lower total cholesterol and LDL cholesterol. Seafood like salmon and fish oil, as well as corn, soy, safflower and sunflower oils are high in polyunsaturated fats. Omega <u>3</u> fatty acids belong to this group.

Lipids

saturated



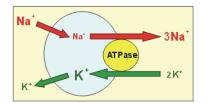
sodium

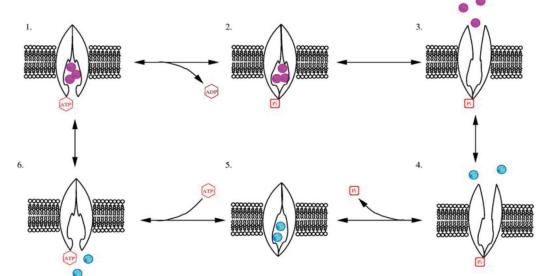
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So, how does the simplest of pumps work?

Pumping Na^+ out and K^+ in to the cell.

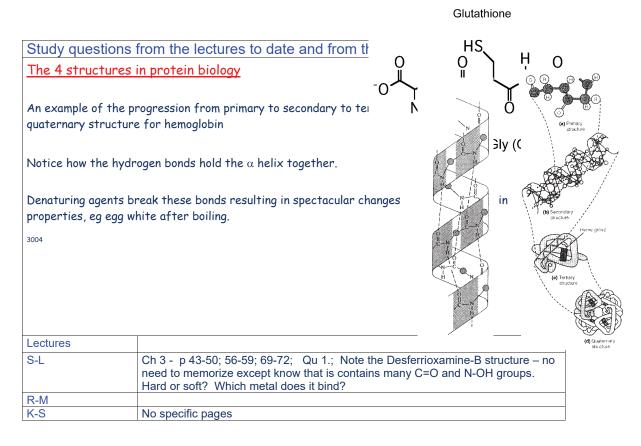
Note the consumption of energy - fuel -2K⁺ pumped, 3Na⁺ pumped out of the cell. Outside is high in Na⁺ but low in K⁺.





	Key points from this unit
1	Must know the overall structure of the 20 essential amino acids and the detailed structures of all metal binding amino acids – know how many are required in the diet (10), how many mammals can synthesize (10) Know the classes of amino acid – and be able to recognise from each class
2	Peptide chain formation – know the overall steps Know the 4 structural terms and have examples of proteins with at least 3y and 4y structures dominating Know the 4 types of interaction Know about denaturation – breaking S-S bonds
3	Know the common metals for metalloproteins – and know what enzymes use them and for what purpose Check how carbonic anhydrase works
4	ATP-ADP-AMP know the energies involved – draw ATP Draw the sugar phosphate backbone Know the hydrogen bonded base pairs – be able to draw the pairs Know the basics of cellular chemistry – where does DNA reside? Where does protein synthesis take place? Know how cell membranes are constructed

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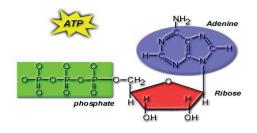


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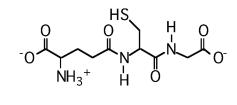
Some important bio-molecules and processes to really know:

(Include the 4 nucleotide bases from above - no need to be able to draw the bases - but you need to recognise - identify each.)

And the metal binding amino acids: His – delta N or epsilon N. (δ or ϵ) - Asp – with the possibilities we saw earlier for different bonding modes through the –COO $^\circ$ group. –Cys - Met - Glu (note 1 CH₂ extra in Glu c.f. Asp) - Tyr



Glutathione



γ-Glu-Cys-Gly (GSH)

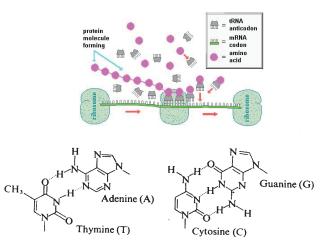


FIGURE 2.3. Pair formation between purine and pyrimidine bases in DNA.

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