

**ST. JOSEPH'S**  
FOUNDED 1858  
**PARKWOOD DAY  
HOSPITAL**

- Operating since 1978
- Originally mixed ages
- Now under the umbrella of  
Specialized Services for the  
Frail Elderly
- Part of SJHC

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**ST. JOSEPH'S**  
FOUNDED 1858  
**INTERDISCIPLINARY  
TEAM**

- Geriatrician
- Nurse Clinicians
- Physiotherapists
- Occupational Therapist
- OT Assistant
- PT Assistant
- Therapeutic Recreation Specialist  
(TRS)
- Speech Language Pathologist  
(SLP)

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**ST. JOSEPH'S**  
FOUNDED 1858

- Social Worker
- Rehab Trainer
- Audiologist
- Dietician
- Secretarial Support  
(Welcoming Committee)
- Volunteers

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**WHO DO WE SEE?**

- Individuals , greater than 65 years of age
- Younger individuals suffering from conditions traditionally seen in the elderly e.g CVA, Parkinson's. We rarely see individuals younger than 60.
- Medical and/or psychosocial problems which are complex in nature

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**REFERRAL SOURCES**

- Family Physicians
- CCAC
- Self referral (need physician referral)
- Consultants eg. physiatrist, neurologist
- Specialized Services for the Frail Elderly: Geriatric Assessment Unit (GAU), Geriatric Rehab Unit (GRU)(MSK), Geriatric Clinics, Regional Geriatric Programme (RGP), Psychogeriatric Programme, Physical Maintenance Programme (PMP)

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- Rehab Programmes: Parkwood Regional Rehab, LHSC Inpatients, CORP
- Catchment area from London/Middlesex primarily, but have seen patients in outlying Counties if they can access programme themselves

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**WHAT IS OUR  
ROLE?**

- **Assessment**
- **Treatment**
- **Education**
- **Follow-up**
- **Community Reintegration**
- **Maintenance**
- **Research**

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**ASSESSMENT**

- **Geriatrician and Clinicians with specialized skills provide complete geriatric assessment**
  
- **holistic**
- **functional**
- **goal oriented**

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**TREATMENT**

- **Clinicians with specialized skills**
- **Individualized goals**
- **Integrated, holistic approach**
- **Quality of life issues**
- **Case management model**
- **Home/facility intervention**
- **Outpatient service (shorten inpatient admission)**
- **Supportive Environment**

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**EDUCATION**

- Weekly information sessions in a group format
- Individual patient teaching
- Special programmes
- Carer/giver education & support

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**EDUCATION**

- Medical and allied health clinical placements
- Peer teaching and staff education
- Community teaching

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**RESEARCH**

- Efficacy of Day Hospitals
- Programme evaluation & client satisfaction
- Geriatric Research: partnering with geriatric medicine, SJHC research dept, UWO and other researchers

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COMMUNITY RE-INTEGRATION



WE PUT THE  
FUN  
IN  
FUNCTIONAL

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COMMUNITY  
REINTEGRATION

- Develop links with community resources
- Facilitate return to previous leisure interest
- Identify new leisure opportunities
- Maintain physical, social, emotional and spiritual needs in the community
- Practical application of skills and strategies learned while at Day Hospital

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MAINTENANCE  
&  
FOLLOW-UP

- May be reviewed up to one year after completion of programme without new referral
- Outstanding medical issues followed through geriatric clinics
- Other issues (mobility, continence, speech, community reintegration) are followed up by specific disciplines (clinic visit &/or telephone)
- Those attending Physical Maintenance Programme can be closely monitored there

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**PHYSICAL  
MAINTENANCE  
PROGRAMME**

- Operating at Day Hospital since 1998. Now 5x/wk
- Originally funded by Parkwood Foundation
- Developed to meet the need to maintain, functional mobility and other gains made by Day Hospital patients
- Intended to decrease the rate of re-referral Facilitates, in many cases, earlier discharge from therapy programme

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**PHYSICAL  
MAINTENANCE  
PROGRAMME**

- Client must be indep in transfers, ambulation (with aid if necessary), and toileting
- Able to function in a group setting
- Client must provide their own transportation
- Client usually require a more structured or supportive environment than other programmes offer
- There is a nominal fee

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