

Psychoanalysts: Erik Erikson


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Outline

- 🌀 Biography
- 🌀 The Mind
- 🌀 Zones & Modes
- 🌀 Personality Development
 - Psycho-Social Stages
 - Crises
 - Development Over the Lifespan
- 🌀 Comparison & Contrast
 - Psychoanalysts

Biography



- 🌀 Father abandoned him and his mother before his birth
 - Brought up to believe his step-father was his biological father
- 🌀 He never felt he fit in
 - Blond & blue-eyed in Jewish schools
 - Became an artist, wandering Europe
- 🌀 Learned psychoanalysis from Anna Freud (Freud's daughter)
- 🌀 Moved to States during Nazi regime
 - Met key psychologists & anthropologists

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The Mind

- Ego Processes
 - Identity
 - Individuality
 - Wholeness & Synthesis
 - Sameness & Continuity
 - Social Solidarity
 - Mastery
- Affects of Society & Culture

Zones & Modes

- Importance of bodily zones that interact with the environment
 - Oral
 - Anal
 - Genital
- Modes of dealing with external world
 - Incorporative (I)
 - Incorporative (II)
 - Retentive
 - Eliminative
 - Intrusive
 - Inclusive
 - Generative

Psycho-Social Stages


Stage	Age	Crisis
Infancy	0-1	Trust vs. Mistrust
Toddler	1-3	Autonomy vs. Shame
Early Childhood	3-6	Initiative vs. Guilt
Late Childhood	6-12	Industry vs. Inferiority
Adolescence	12-18	Identity vs. Identity Diffusion
Young Adult	18-35	Intimacy vs. Isolation
Middle Age	35-60	Generativity vs. Stagnation
Later Life	60+	Ego Integrity vs. Despair

Infancy




- First year of life
 - Trust vs. Mistrust
 - Virtue
 - Hope
 - Maladaptive Tendency
 - Sensory Maladjustment
 - Malignant Tendency
 - Withdrawal
 - Relationship with Mother
 - Numinous vs. Idolism
 - Psychosocial Modalities
 - To get and give in return

Early Childhood




- Ages 1-3
 - Autonomy vs. Shame
 - Virtue
 - Will
 - Maladaptive Tendency
 - Impulsiveness
 - Malignant Tendency
 - Compulsiveness
 - Relationship with Parents
 - Judiciousness vs. Legalism
 - Psychosocial Modalities
 - To hold onto and to let go

Preschool Age




- Ages 4-5
 - Initiative vs. Guilt
 - Virtue
 - Purpose
 - Maladaptive Tendency
 - Ruthlessness
 - Malignant Tendency
 - Inhibition
 - Relationship with Family
 - Authenticity vs. Impersonation
 - Psychosocial Modalities
 - To go after and to play

School Age




- Ages 6-11
 - Industry vs. Inferiority
 - Virtue
 - Competence
 - Maladaptive Tendency
 - Narrow Virtuosity
 - Malignant Tendency
 - Inertia
 - Relationship with Neighbourhood & School
 - Formality vs. Formalism
 - Psychosocial Modalities
 - To complete things

Adolescence




- Ages 12-20
 - Identity vs. Role Confusion
 - Virtue
 - Fidelity
 - Maladaptive Tendency
 - Fanaticism
 - Malignant Tendency
 - Repudiation
 - Relationship with Peer Groups & Role-Models
 - Ideology vs. Totalism
 - Psychosocial Modalities
 - To be oneself

Young Adulthood




- Ages 20-24
 - Intimacy vs. Isolation
 - Virtue
 - Love
 - Maladaptive Tendency
 - Promiscuity
 - Malignant Tendency
 - Exclusion
 - Relationship with Partners & Friends
 - Affiliation vs. Elitism
 - Psychosocial Modalities
 - To lose and find oneself in another

Adulthood



- Ages 25-64
 - Generativity vs. Stagnation
 - Virtue
 - Care
 - Maladaptive Tendency
 - Overextension
 - Malignant Tendency
 - Rejectivity
 - Relationship with Household & Work-Mates
 - Generationalism vs. Authoritism
 - Psychosocial Modalities
 - To take care of

Old Age



- Ages 65+
 - Ego Integrity vs. Despair
 - Virtue
 - Wisdom
 - Maladaptive Tendency
 - Presumption
 - Malignant Tendency
 - Disdain
 - Relationship with Humankind
 - Generationalism vs. Authoritism
 - Psychosocial Modalities
 - To face death

Compare & Contrast

- Psychoanalysts
 - Freud
 - Jung
 - Addler
 - Horney
 - Erikson
- Perspectives on
 - Role of Biology
 - Role of Society
 - View of Humanity
 - Thoughts on Religion
 - View of the Mind
 - Development of Personality
